

Western Region

Aikido Seminar

2025 Schedule of Events

Friday 21st Feb	<i>Friday Night – Technique in action</i> Application of Kokikai Technique into Self-Defence situation. Presented by Mike Sinagra at the Port Bouvard Surf Club. Indian Ocean Sunset class 6:30pm – 7:30pm WELCOME DINNER – Indian ocean sunset from the balcony
Saturday 22nd Feb	<i>From nothing to something - 500 throws</i> The complete Kokikai test curriculum techniques from 4 th kyu to blackbelt in a day. Presented by Mike Sinagra and Allen lu. Participants will see and practice every technique in the grading curriculum include the jyuwaza and randoori. Set-up, registration, training 9:00am – 4:00pm Celebration Dinner DINNER PARTY - Presentation and Speeches, second party.
Sunday 23rd Feb	<i>Purifying the mind – Weapons and Misogi</i> This is an outdoor beach class. We will do a weapons session followed by some breathing and stretching to ease the weekend's aches and pains before testing our one point with a cold dip in the Indian Ocean. Presented by Allen lu. Avalon Bay Breathing, stretching, Weapons class and Misogi Coffee and croissant breakfast -La Belle

Enjoy the best of
the West

Delegates from all
over Australia

Top ranked
instructors

Technical
Application

Training
and
Social Events

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FALCON KOKIKAI

Cobblers Road
Falcon WA6210

Registration and Fees

Cost for complete seminar - \$100
Individual sessions -\$40/session

We are looking forward to seeing you.

To be best prepared please pay by EFT with your surname in the comments.
Social events will have individual costs and will be paid for at the venue.
Event webpage
www.kokikaiwa.org/event



合氣道光氣会
Aikido Kokikai Australia
A.C.N 158 929 036